NFHS 2015 Football Exam Part II (No Answers)

The exam to follow will have 100 questions. You may “Flag” a question for review. At the end of the exam you will have an opportunity to review the flagged questions. All questions must be answered prior to completing the exam. NOTE: In the exam situations, A—refers to the offensive team and B—refers to their opponents the defensive team. K—refers to the kicking team and R—refers to the receiving team. A1, B1, K1 and R1 are players of these teams. If team possession changes during the down, each team retains its identity. In kicking situations, it is not during a try and no fair-catch signal has been given unless specified. Unless stated, acts occur while: the ball is inbounds; a forward pass is legal; any out-of-bounds is between the goal lines. Line means scrimmage line. Reference to a foul is to a player foul which is not unsportsmanlike. There is no foul or change of possession, unless it is mentioned, and penalties are considered accepted for enforcement

1) One of the requirements for A1 being on the line is that A1 face his opponent’s goal line with shoulders approximately parallel thereto.

- True
- False

2) The penalty for targeting an opponent is 10 yards.

- True
- False

3) Any team time-out not used during the first half can be saved and used during the second half.

- True
- False

4) The enforcement spot for any foul by the defense is the _____ when the run ends in the end zone and would result in a safety.

- 10-yard line
- 5-yard line
- 3-yard line
- goal line

5) A kick ends as soon as any player secures possession.

- True
- False

6) Following a foul, a series of downs ends when:

- The acceptance of the penalty includes the award of a first down.
- Acceptance or declination of any penalty leaves A in possession beyond the line-to-gain.
- All of the above.
- None of the above.

7) A football shall have a continuous 1-inch white or yellow stripe centered 3 to 3 1/4 inches from each end of the ball and can have decorations or logos added during or after production.

- True
- False

8) A player in motion at the snap is allowed to be moving parallel with the line of scrimmage.

- True
- False

9) The goal line is entirely in the end zone and the edge toward the field of play, and its vertical plane is the actual goal line.

- True
- False

10) The muffing or batting of a pass, kick or fumble in flight is considered a new force.

- True
- False

11) Forward pass interference can occur behind, in or beyond the neutral zone.

- True
- False

12) If a player is charged with an unsportsmanlike foul because of a prolonged or excessive act, he/she must also be disqualified.

- True
- False

13) To start each half and to resume play after a field goal or after a try, the ball shall be put in play by a _____.

- kickoff
- punt
- All of the above.
- None of the above.

14) If back A1 is in motion at the snap and is in the free-blocking zone or is outside the free-blocking zone, he/she may not legally block below the waist within the free-blocking zone.

- True
- False

15) A substitute is a team member who may replace a player or fill a player vacancy.

- True
- False

16) K's free-kick line after a safety is the _____.

- 35-yard line
- 30-yard line
- 25-yard line
- 20-yard line

17) Loss of down is the loss of the right to replay a down.

- True
- False

18) Any member of the kicking team may recover a scrimmage kick beyond the neutral zone and advance.

- True
- False

19) On a free kick from K's 40, the clock should be started when K1 first touches the kick on K's 48.

- True
- False

20) A drop kick is a legal kick by a player who drops the ball and kicks it just before it has touched the ground.

- True
- False

21) Jerseys may not be altered to produce a knot-like protrusion or a tear-away type jersey.

- True
- False

22) During the down, it is illegal participation if any player intentionally goes out of bounds and does not return inbounds.

- True
- False

23) No player or non-player shall:

- Hurdle an opponent.
- Throw a helmet to trip an opponent.
- Initiate illegal helmet contact.
- All of the above.
- None of the above.

24) A catch of an opponent's pass or fumble is an interception.

- True
- False

25) The succeeding spot is where the ball was last snapped or free kicked.

- True
- False

26) The penalty for failure to properly wear mandatory equipment during the down is loss of 10 yards, succeeding spot enforcement.

- True
- False

27) The snapper may have his/her free hand on the ground in advance of the ball.

- True
- False

28) Play cards may be attached to the pants.

- True
- False

29) It is an unauthorized conference if a player(s) goes near the sideline between downs to communicate with coaches.

- True
- False

30) The restrictions on players being in the team box extend from the 35-yard line to the 35-yard line.

- True
- False

31) If substitute B12 enters the field during a down but does not participate or influence the play, it is a non-player foul.

- True
- False

32) Illegal helmet contact may be judged by the game official as a flagrant act.

- True
- False

33) It is legal for runner A1 to spear B1.

- True
- False

34) A period shall not be extended when a foul occurs that specifies a loss of down.

- True
- False

35) A defensive player is considered on the line of scrimmage when he/she is within 2 yards of the line of scrimmage at the snap.

- True
- False

36) Illegal participation carries a 5-yard penalty.

- True
- False

37) Targeting is an act by any player who takes aim and initiates contact against an opponent above the shoulders with the helmet, forearm, hand, fist, elbow or shoulders.

- True
- False

38) When both teams commit simultaneous dead-ball fouls, it is a double foul.

- True
- False

39) There can be no interference if the pass does not cross the neutral zone.

- True
- False

40) Players are required to wear a face mask which met the NOCSAE test standards when it was manufactured.

- True
- False

41) No defensive player shall commit any illegal personal contact foul listed in Rule 9-4-3 against the passer.

- True
- False

42) An illegal shift is a foul at the snap.

- True
- False

43) When an illegal forward pass is simultaneously caught by opponents, it becomes dead.

- True
- False

44) Field measurements shall be from the outside edges of the boundary marks, such marks being inbounds.

- True
- False

45) A player who is attempting to pass is a runner until he/she gives up possession of the ball by passing.

- True
- False

46) A scrimmage kick, recovered behind the neutral zone, may be advanced by either K or R.

- True
- False

47) No player or non-player shall make any other contact with an opponent, including a defenseless player, which is deemed unnecessary or excessive and which incites roughness.

- True
- False

48) If during a down in which time expires, A1 holds during a successful field-goal attempt, the period is automatically ended and the score is canceled.

- True
- False

49) The referee does not have the authority to correct the number of the next down prior to the ball becoming live after a new series of downs is awarded.

- True
- False

50) The ball shall be declared ready-for-play immediately when the team that called the time-out is ready to resume play.

- True
- False

51) Interference by B may occur beyond, in or behind the neutral zone.

- True
- False

52) After a team has used its permissible charged time-outs for the half, any subsequent request shall be denied unless it is for:

- An apparently injured player who is so designated when the request is made.
- Necessary repair to player equipment except as in 3-5-10d.
- The review of a possible misapplication or misinterpretation of a rule.
- All of the above

53) A scrimmage formation requires a minimum of five A players legally on their line at the snap.

- True
- False

54) A state association may establish guidelines to use a running clock when a point differential is reached.

- True
- False

55) When a new series is started after a fourth down incomplete forward pass, the ball is placed at the previous spot so the rear point becomes the foremost point.

- True
- False

56) A 6-inch wide broken restraining line shall be placed around the outside of the field, at least 1 yard from the sidelines or end lines, as an extension of the line limiting the team box area.

- True
- False

57) During a dead ball, no more than four players from either team may enter the game unless there was a change of possession or a charged time-out.

- True
- False

58) A legal preventive-type knee brace which meets specifications may be worn either over the pants or under the pants.

- True
- False

59) The expanded neutral zone is automatically 3 yards deep.

- True
- False

60) No player or non-player shall grasp an opponent's tooth and mouth protector attached to the face mask.

- True
- False

61) An illegal snap or other snap infraction causes the ball to remain dead.

- True
- False

62) It is an unsportsmanlike foul if a coach is detected using tobacco.

- True
- False

63) If a field-goal attempt touches R1 in the end zone and then caroms through the goal, the ball becomes dead when touched and no points are scored.

- True
- False

64) An unofficial auxiliary down indicator is required field equipment for a game.

- True
- False

65) A block in the back is legal by either A or B, if the block occurs in the free-blocking zone before the ball leaves the zone.

- True
- False

66) The top of the crossbar on the goal post shall be _____ above the ground, measured from the base of each upright to the top of the crossbar at the intersection, or at each end of the crossbar perpendicular to the ground when a single pedestal is used.

- 8 feet
- 10 feet
- 12 feet
- 14 feet

67) A tinted eye shield is illegal.

- True
- False

68) Touching of a low scrimmage kick is ignored if the touching occurs in or behind the expanded neutral zone.

- True
- False

69) The game officials shall assume authority for the contest, including penalizing unsportsmanlike acts, 30 minutes prior to the scheduled game time - an earlier time if required by the state association - or as soon thereafter as they are able to be present.

- True
- False

70) If A2 pushes, pulls or lifts runner A1 to assist his forward progress, it is a foul which carries a 10-yard penalty.

- True
- False

71) No K players, other than the kicker, may be more than 5 yards behind the kicking team's free-kick line.

- True
- False

72) A pass thrown forward after change of possession during the down is an illegal forward pass.

- True
- False

73) A live-ball foul and a dead-ball foul cannot be combined to create a double foul.

- True
- False

74) If a game official is out of bounds when he/she is touched by a loose ball, the touching is ignored.

- True
- False

75) The penalty for a forward pass, batted, muffed or caught by an ineligible A player who is behind, in or beyond the neutral zone is _____.

- loss of 5 yards and loss of down
- loss of 5 yards and no loss of down
- loss of 10 yards and loss of down
- loss of 10 yards and no loss of down

76) A player's jersey number may actually be the jersey color if the number is bordered with a minimum of ¼-inch single solid contrasting color.

- True
- False

77) If a team commits acts which in the opinion of the referee make a travesty of the game, the referee must forfeit the game.

- True
- False

78) A safety will be scored when an offensive player commits any foul for which the penalty is accepted and enforcement is from a spot in his end zone.

- True
- False

79) It is a safety, if R1 in an effort to block K1's field-goal attempt, leaps high in the end zone and tips the ball between the uprights above the crossbar.

- True
- False

80) A defenseless player is a player who, because of his/her physical position and focus of concentration, is not vulnerable to injury.

- True
- False

81) Team A may punt, drop-kick or place-kick from in or behind the neutral zone before the team possession has changed.

- True
- False

82) Spearing is an act by any player who initiates contact against an opponent at the shoulders or below with the crown (top portion) of his helmet.

- True
- False

83) The down is ended when the runner allows any part of his person, other than hand or foot, to touch the ground.

- True
- False

84) Prior to releasing the ball on a pass, if the potential passer is contacted, and the ball is released, it is not a forward pass if his/her arm was moving forward on contact.

- True
- False

85) Ineligible receivers may not legally go beyond the neutral zone until the pass crosses the neutral zone.

- True
- False

86) If a 3rd down scrimmage kick is recovered by K in or behind the neutral zone, the ball remains live and belongs to K and the down counts unless R has been first to touch the ball beyond the neutral zone.

- True
- False

87) Unless Team A is in a scrimmage kick formation, failure of A to have at least five players on the line numbered between 50-79 is a foul at the snap.

- True
- False

88) The head coach's verification that his players are legally equipped includes a visible exterior warning label on the helmet regarding the risk of injury.

- True
- False

89) A forward pass caught beyond the neutral zone by A1, No. 76, is illegal and the ball becomes dead when caught.

- True
- False

90) It is recommended that the tooth and mouth protector be properly fitted, protecting the anterior (leading) dental arch.

- True
- False

91) At the time the ball is kicked, at least four K players must be on each side of the kicker.

- True
- False

92) A flagrant foul is a foul so severe or extreme that it places an opponent in danger of serious injury, and/or involves violations that are extremely or persistently vulgar or abusive conduct.

- True
- False

93) A player's towel may have a ball-drying product applied to it that will affect the football.

- True
- False

94) A defensive player shall not:

- Use his/her hands to add momentum to the charge of a teammate who is on the line of scrimmage.
- Use his/her hands or arms to hook, lock, clamp, grasp, encircle or hold in an effort to restrain an opponent other than the runner.
- Contact an eligible receiver who is no longer a potential blocker.
- All of the above

95) Clipping is permitted in the free-blocking zone when the following conditions are met:

- By the offensive linemen who are on the line of scrimmage and in the zone at the snap.
- Against defensive players who are on the line of scrimmage and in the zone at the snap.
- The contact is in the zone.
- All of the above

96) The distance penalty for any foul may be declined.

- True
- False

97) Because of the damp weather, the quarterback of Team A requests the use of a towel containing a product to make the wet ball tacky. The referee denies the request.

- True
- False

98) After the ball is marked ready-for-play, each Team A player must momentarily be within the 9-yard marks before the snap.

- True
- False

99) When the ball is loose following an illegal kick, it does not retain the same status as prior to the illegal kick.

- True
- False

100) When R1 signals for a fair catch, his/her team gives up the right to advance if the kick is caught or recovered by any Team R player.

- True
- False